Mental and emotional wellbeing

I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropropriate support. HWB 1-08a

Social Wellbeing

I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one which values individuals equally and is a welcoming place for all.

HWB 1-10a

Social Wellbeing

I value the opportunities I am given to make friends and be part of a group in a range of situations.

HWB 1-14a

I can follow and understand rules and procedures, developing my ability to achieve personal goals. I recognise and can adopt different roles in a range of practical activities.

P.E.P.A.S

HWB 1-23a

Relationships, Sexual Health and Parenthood

I recognise that we have similarities and differences but are all unique.

HWB 1-47a

Relationships, sexual health and parenthood

included

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships. .

HWB 1-44a

Food and Health

I enjoy eating a diversity of foods in a range of social situations.

HWB 1-29a

To support Rights Respecting Schools, here are the suggested articles in child friendly language that link to the wellbeing indicator 'INCLUDED'.

Article 15

You have the right to choose your own friends and join or set up groups, as long as it isn't harmful to others.

Article 23

You have the right to special education and care if you have a disability, as well as all the rights in this Convention, so that you can live a full life.

Article 27

You have the right to food, clothing, a safe place to live and to have your basic needs met. You should not be disadvantaged so that you can't do many of the things other kids can do.

Article 30

You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.