RSHP

I am learning about respect for my body and what behaviour is right and wrong. I know who I should $talk\,to\,if\,I\,am$ worried about this.

HWB 0-49a

RSHP

I am aware of the need to respect personal space and boundaries and can $recognise\ and\ respond$ appropriately to verbal and non-verbal communication.

HWB 0-45b

P.E.P.A.S

I am aware of my own and others' needs and feelings especially when taking turns and sharing resources. I recognise the need to follow rules.

HWB 0-23a

Food and Health

Food and Health

I explore and

discover where

foods come from as I

choose, prepare and taste different foods.

HWB 0-35a

I enjoy eating a diversity of foods in a range of social situations.

HWB 0-29a

respected

Mental and Emotional

Wellbeing
I am learning skills and strategies which will support me in challenging times, particularly in relation to change and loss.

HWB 0-07a

Mental & Emotional Wellbeing

I am able to express my feelings and am developing the ability to talk about them.

HWB 0-01a

Social Wellbeing Mental & Emotional As I explore the rights to

which I and others are entitled, I amable to exercise these rights appropriately and accept the responsibilities that go with them. I show respect for the rights of others.

HWB 0-09a

Wellbeing

I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave.

HWB 0-04a

Mental & Emotional Wellbeing

I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 0-02a

To support Rights Respecting Schools, here are the suggested articles in child friendly language that link to the wellbeing indicator 'RESPECTED'.

Article 2

All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.

Article 3

All adults should do what is best for you. When adults make decisions, they should think about how their decisions will affect children.

Article 12

You have the right to give your opinion, and for adults to listen and take it seriously.

Article 13

You have the right to find out things and share what you think with others, by talking, drawing, writing or in any other way unless it harms or offends other people.

Article 14

You have the right to choose your own religion and beliefs. Your parents should help you decide what is right and wrong, and what is best for you.

Article 16

You have the right to privacy.

Article 17

You have the right to get information that is important to your well-being, from radio, newspaper, books, computers and other sources. Adults should make sure that the information you are getting is not harmful, and help you find and understand the information you need.

Article 42

You have the right to know your rights! Adults should know about these rights and help you learn about them, too.